

Blyth Lifeguard & Swimming Club



Drug and Alcohol Policy

This policy is designed to secure a healthy and safe environment for every member and visitor of Blyth Lifeguard & Swimming Club in compliance with the Licencing Act 2003.

Drug

- It is not permitted for any club member to promote/supplied/use or be under the influence of any sports enhancement or recreational drugs
- Club members are only permitted to use drugs for health reason if they are prescribed by a medical practitioner or purchased from a chemist
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Alcohol

Club Members Under 18:

- Are not permitted to drink/be under the influence at any club activity under any circumstance

Members over 18:

- Are not permitted to drink/be under the influence at any club activity.
- Are able to drink at club social events, but must promote safe sensible use of alcohol
- The club has a zero alcohol policy when driving any vehicle or craft for the purpose of club use
- The club has a zero alcohol policy when acting in any position of responsibility (coach, team manager, chaperone, welfare etc.) when away from normal training venues
- When travelling abroad you must, in addition, adhere to local licencing laws

Parents and guardians

- Are requested to promote legal, safe and sensible use of alcohol

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Blyth Lifeguard and Swimming Club follows guidance provided by Relevant Governing Bodies (RGB) Swim England, Royal Lifesaving Society (RLSS) Surf Lifesaving Great Britain (SLGB), Swim Teachers Association (STA) and The National Society for the Prevention of Cruelty to Children (NCPCC) in formulating our policies, regulations and codes of conduct and in having robust procedures in place for when these are breached.

Agreed by BLSC Executive Committee	Due for review
22 nd July 2024	July 2026